## Ready to make Lent more meaningful?

Lent is here! 40 days to grow closer to God — but how? In today's fast-paced, stressful world, it can be hard to find that spiritual connection. How can you make this the best Lent ever? At St. Pius X, we're here to support you on your faith journey, whether you're feeling close to God or very far away. Here are three simple ways to pray more this Lent.



Step 1



Step 2



Step 3

## Pick a time to pray every day.

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It doesn't have to be that long — even 5 minutes is great! You are welcome to come to our quiet church Monday-Friday from 8:30 am-4:30 pm to talk with Jesus. There are prayer resources available in our Blessed Sacrament Chapel.

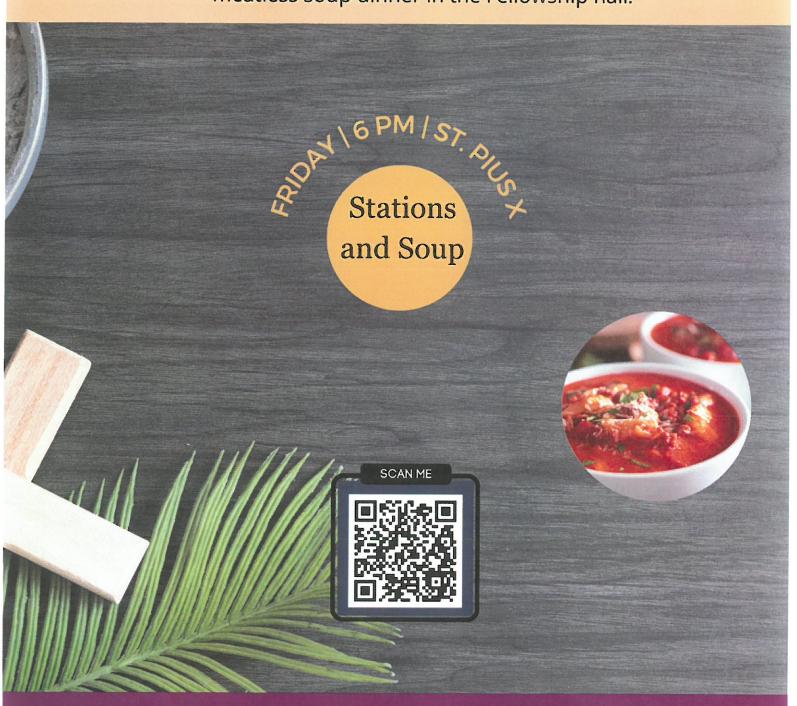
## Just start.

Want to pray more? We get it — prayer can be awkward. What exactly do you say to God when you can't see or hear Him like everyone else?

But trust us — being able to have a conversation with the creator of the universe is worth the effort. Start by sitting in silence. If you need a guide, text SPXLENT to 84576 for a weekly email throughout the Lenten season.

## Walk with us in Faith!

You're probably already familiar with traditional prayers like the Our Father or the Rosary. But Lent can be a great time to try something new! Join us on **Fridays at 6 pm** to pray the Stations of the Cross. It is a way to meditate on Christ's suffering and sacrifice for humanity. This will be followed by a meatless soup dinner in the Fellowship hall.



Want more accompaniment this Lent? Scan the QR code to learn all of our Lenten events. We're praying for you!

